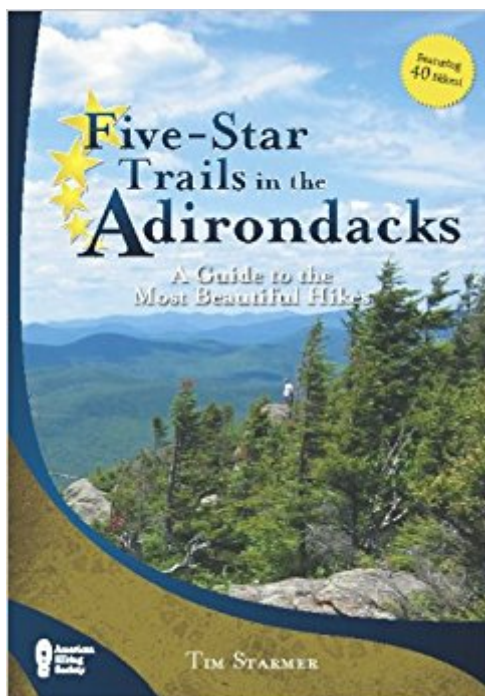


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# Five-Star Trails In The Adirondacks: A Guide To The Most Beautiful Hikes



## Synopsis

Each hike through the Adirondack Park is rated for scenery, difficulty, trail condition, and accessibility for children. Individual trail maps, elevation profiles, and GPS trailhead coordinates aid in navigating the myriad of unnamed roads. Featured trails range from easy strolls for the family to bone-crunching vertical ascents for the fearless hiker.

## Book Information

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## Customer Reviews

"The massive size of the park can be intimidating for beginner hikers, but Tim Starmer makes navigating 40 popular hikes seem like a breeze." --Syracuse New Times, September 2011  
"Five Star Trails: Adirondacks is a valuable source of information, particularly for people who are not familiar with the area." --Dick Lightcap, former chair to the Onondaga Chapter of the Adirondack Mountain Club  
"A handy one-volume sampler of top spots" --Adirondack Life Magazine

The Adirondack Park is an immense wilderness encompassing over 9,375 square miles. It is nearly as large as Vermont and larger than five other states. In fact, it is larger than the Grand Canyon, Yellowstone, Yosemite, Great Smoky Mountains, and Big Bend National Parks combined. Within its boundaries are rugged mountains, countless pristine lakes and ponds, seemingly endless forests, and thousands of miles of wild rivers providing an infinite number of outdoor adventures. With thousands of miles of hiking trails weaving throughout this precious wild resource, it is a hiker's paradise. So whether you prefer easy strolls in the deep woods, panoramic views atop mountains,

the calm of picturesque lakes, the drama of turbulent waterfalls or the excitement of bone-crunching vertical ascents and descents, Five-Star Trails in the Adirondacks covers them all. Each hike features an individual trail map, elevation profile, and at-a-glance information, helping readers quickly find the perfect trip. Sized to fit in a pocket, the book's detailed trail descriptions will help readers find their way on and off the trail. Driving directions and GPS trailhead coordinates will help with navigating the myriad of unnamed roads. The trails covered range from those best suited to the novice, families, experienced hikers, or backpackers.

This book was a great guide to help me pick which trails I wanted to hike in the ADK. I especially liked how you could pick your hike based on category (i.e. which hikes give you the most seclusion). At the beginning of each hike is a rating system for scenery, trail conditions, etc. which is extremely helpful in deciding whether you would like to hike the trail or not. The maps (despite being in b/w) are nicely detailed and easy to read (although I would love it if there was a topo overlay but... there is an elevation profile shown separately). The trail description and directions are excellent and this book helped me twice (so far) where I could have made a wrong turn on the trail. I would recommend this book if you are planning on hiking in the ADK and would like some guidance/suggestions on which trails to hike.

I picked up this book hoping that it would serve as a valuable resource for some of the best hiking options in the Adirondacks. After reviewing the book and comparing it to other offerings, I feel a more appropriate title would be "Two-Star Trails in the Adirondacks." Most of the hikes are easy, with a few possibly deserving an easy-moderate rating. Many of the best summit hikes in the Adirondacks aren't even mentioned in this book, so if you are looking for a guide that points you to some of the better mountain hikes and views, you would do well to look elsewhere. Though there are some good hikes in this book, you simply will not experience the best of what the Adirondacks have to offer if you use this as your guide. Ultimately, I found myself turning to other resources. The book itself is fairly well designed in terms of its organization and content. The book is organized based on park regions, and there are a number of hikes suggested for each region. The trail info is clear and the directions are understandable and accurate. My favorite part is the scenery rating given to each hike, which is something that I find useful when narrowing down my selections. Overall, my reservations aren't with the book design so much as they are with the hike choices.

I am always looking for good hiking trails in the adirondacks and have found many good trails on

here!! I would highly recommend this book for anyone looking to get off the beaten path and find some great trails!!

An excellent list of trails-for all ages and hiking abilities. One of my favorites, Castle Rock is explained in detail with some excellent pictures. The views from the summit are much more panoramic and beautiful than displayed in the book.I would highly recommend this gem!

This was a gift for my husband who is a backpacking leader with AMC. He has done hiking up in the 'Dacks but the rocky terrain can be daunting for some of his fellow hikers, so this book is really helpful in helping him plan trips. Recommended for the nature lover/hiker.

written great, and for anyone who is looking for great trails with great veiws this is the book for you! I got it on my kindle fire and the photos come in stunningly clear! However this isnt for a person who is looking to complete the 46'ers.

I'd like to get over to the Adirondacks more often. Based on the one hike I've done since getting this guide, I think for the slow plodder like myself, its a good buy. I read through the book and I doubt it covers most of the park, but I'm not looking to reach each peak. Starmer has selected a few of his favorite hikes to recommend and so far, it has served me well. I'm goiung to spend some time over there next summer, so this will get more use at that time.....

good read

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